

WOMENS CLOTHING SIZE GUIDE



How to measure:

- CHEST

Measure around the fullest part of your bust, with the tape under your arms and flat across your back (parallel with the floor). It's best to do this with your top off, or with a bra you intend to wear with the garment.

- WAIST

Measure around the narrowest part of your waist, keeping the measuring tape level with the floor.

- HIPS

With your legs and feet together, draw tape firmly around the fullest - that is, the widest - part of your hips to take measurement. **IN CENTIMETERS!**

SIZE:	1X	2X	3X	4X
CHEST	114-118	122-126	126-130	130-134
WAIST	102-104	106-110	110-114	116-120
HIPS	120-124	126-130	132-136	136-140